

IBSRELA[®]
(tenapanor) tablets
50 mg

Welcome to Different

Your treatment journey for Irritable Bowel Syndrome with Constipation starts here.



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What is IBSRELA?

IBSRELA (tenapanor) is a prescription medicine used in adults to treat irritable bowel syndrome with constipation (IBS-C). **It is not known if IBSRELA is safe and effective in children less than 18 years of age.**

IMPORTANT RISK INFORMATION

- **Do not give IBSRELA to children who are less than 6 years of age. It may harm them.**
- You should not give IBSRELA to children 6 years to less than 18 years of age. It may harm them. IBSRELA can cause severe diarrhea and your child could get severe dehydration (loss of a large amount of body water and salt).
- Do not take IBSRELA if a doctor has told you that you have a bowel blockage (intestinal obstruction).

Please see **Boxed Warning** and **Medication Guide** within the full **Prescribing Information**.

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The IBSRELA Difference

IBSRELA works in a different way than other IBS-C medications.

IBSRELA works exclusively in the intestine to relieve constipation, belly pain, and bloating by:



Keeping water in the gut to help soften stool and help it move along, so you have more well-formed and regular bowel movements



Restoring gut barrier function* to reduce belly pain



Lessening the activity of pain-sensing nerves in the intestine* to reduce belly pain

*This was seen in animal studies, and the relevance to humans is not known.

Different matters: because one size does not fit all.

You may have to try different medications that work in different ways to find the one that's right for you.

IMPORTANT RISK INFORMATION (cont'd)

Before you take IBSRELA, tell your doctor about your medical conditions, including if you are:

- Pregnant or plan to become pregnant. It is not known if IBSRELA will harm your unborn baby.
- Breastfeeding or plan to breastfeed, although IBSRELA is not expected to pass into your breast milk and to harm your baby. Talk with your doctor about the best way to feed your baby if you take IBSRELA.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

Please see [Boxed Warning](#) and [Medication Guide](#) within the full [Prescribing Information](#).

IBSRELA provides quick and lasting relief* of IBS-C symptoms.

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Relief from constipation, belly pain, and bloating was typically felt **within 1 week** of treatment



Additional improvement in belly pain happens over the first 3-4 months of treatment



Maintained improvements* in IBS-C symptoms with continued use of IBSRELA

*Improvement seen through end of 26-week trial.

IBSRELA provides relief from IBS-C symptoms, so you can get back to doing what you enjoy.

Common side effects of IBSRELA:

- Diarrhea is the most common side effect experienced by those taking IBSRELA. If diarrhea occurs with IBSRELA, it tends to be mild to moderate and typically goes away within 1 week.
- Stop taking IBSRELA and call your healthcare provider if you experience severe diarrhea while taking IBSRELA
- Other common side effects of IBSRELA may include swelling, or a feeling of fullness or pressure in your belly, gas, and dizziness
- If you experience side effects, talk to your healthcare provider about ways you can manage them

IMPORTANT RISK INFORMATION (cont'd)

Side Effects

Diarrhea is the most common side effect of IBSRELA, and it can sometimes be severe. Stop taking IBSRELA and call your doctor if you develop severe diarrhea.

Please see [Boxed Warning](#) and [Medication Guide](#) within the full [Prescribing Information](#).

You've Been Prescribed IBSRELA

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IBSRELA is a 50-mg tablet that is taken twice a day:



Just before breakfast



Just before dinner

Things to keep in mind when taking IBSRELA:

- If you miss a dose, skip the missed dose and take the next dose at the regular time
- Do not take 2 doses of IBSRELA at the same time
- Talk to your healthcare provider if you have questions about taking IBSRELA

Keep an **EYE** out for what's next.

Expect a welcome call from your pharmacy.

Within 24 hours for prescriptions sent to the IBSRELA Pharmacy Network.

Your pharmacy will reach out to confirm your delivery preferences. It's important that you pick up the phone or answer the text.

Explore savings with the IBSRELA Copay Program.

\$0*

Patients may pay as little as \$0 per 30-day or 90-day prescription fill of IBSRELA. The discount will be automatically applied for eligible patients.



ArdelyxAssist is here for you. **Call us at 1-844-427-7352, Option 1**, if you have any questions or need support with IBSRELA access or affordability.

*Terms and conditions apply. For patients with commercial insurance.

IMPORTANT RISK INFORMATION (cont'd)

Other common side effects of IBSRELA include swelling, or a feeling of fullness or pressure in your abdomen (distension), gas (flatulence), or dizziness.

These are not all the possible side effects of IBSRELA. Call your doctor for medical advice about side effects.

You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to www.fda.gov/medwatch.

Please see Boxed Warning and Medication Guide within the full Prescribing Information.



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