



LOOKING FOR SOMETHING DIFFERENT TO TREAT YOUR IBS-C?



IBSRELA is a prescription medication that works differently to relieve constipation, belly pain, and bloating in adults with irritable bowel syndrome with constipation (IBS-C).

Ask your healthcare provider if IBSRELA could be right for you.

What is IBSRELA?

IBSRELA (tenapanor) is a prescription medicine used in adults to treat irritable bowel syndrome with constipation (IBS-C). **It is not known if IBSRELA is safe and effective in children less than 18 years of age.**

IMPORTANT RISK INFORMATION

- **Do not give IBSRELA to children who are less than 6 years of age. It may harm them.**

Please see **Boxed Warning** and **Medication Guide** within the full **Prescribing Information**.

UNDERSTANDING IBS-C

What is IBS-C?

IBS-C is a common condition in which people experience constipation along with other belly symptoms. **Sound familiar?**

Constipation symptoms:

- Infrequent bowel movements (fewer than 3 per week)
- Hard or lumpy stools
- Straining to go to the bathroom
- Feeling that your bowels do not empty completely

Belly symptoms:

- Pain
- Bloating
- Discomfort



Scan or Click here

If you have IBS-C symptoms that continue to bother you, use this tool to prepare to talk to your healthcare provider.

What are the causes of IBS-C?

The causes of IBS-C **vary from person to person**, and may include:



Stool moving through the gut too slowly, like a car going below the speed limit.



Leaky gut, where the protective layer in your intestines acts like a window screen with holes in it that lets the pests get through.



Sensitive nerves, like a dog's ears, which are more sensitive to sound than ours. Your nerves may pick up on things that others don't feel at all.



Gut-brain interaction, which is a two-way street. The gut and the brain talk to each other, so when your gut is unhappy, it makes sense that you are too.

Since the causes of IBS-C may be different for each person,
there is no one-size-fits-all treatment approach

You may have to try different medications to find the one that's right for you

IMPORTANT RISK INFORMATION (cont'd)

- You should not give IBSRELA to patients 6 years to less than 18 years of age. It may harm them. IBSRELA can cause severe diarrhea and your child could get severe dehydration (loss of a large amount of body water and salt).
- Do not take IBSRELA if a doctor has told you that you have a bowel blockage (intestinal obstruction).

Before you take IBSRELA, tell your doctor about your medical conditions, including if you are:

- Pregnant or plan to become pregnant. It is not known if IBSRELA will harm your unborn baby.
- Breastfeeding or plan to breastfeed. It is not known if IBSRELA passes into your breast milk. Talk with your doctor about the best way to feed your baby if you take IBSRELA.

Please see Boxed Warning and Medication Guide within the full Prescribing Information.

COULD IBSRELA BE THE DIFFERENCE FOR YOU?



IBSRELA is a prescription medication that works differently to relieve the symptoms of IBS-C

IBSRELA provides quick and lasting relief*

Within one week of treatment, most people taking IBSRELA begin to experience relief from:



- Constipation
- Bloating
- Belly pain
- Discomfort

With continued use of IBSRELA:

- Additional improvement in abdominal pain happens over the first 3 to 4 months of treatment
- Improvements in IBS-C symptoms are typically maintained*
 - It's important to keep taking IBSRELA as directed by your healthcare provider

*Improvement seen through end of 26-week trial.

Common side effects of IBSRELA:

- Diarrhea is the most common side effect experienced by those taking IBSRELA. If diarrhea occurs with IBSRELA, it tends to be mild to moderate and typically goes away within one week
- Stop taking IBSRELA and call your healthcare provider if you experience severe diarrhea while taking IBSRELA
- Other common side effects of IBSRELA may include swelling or a feeling of fullness or pressure in your belly, gas, and dizziness
- If you experience side effects, talk to your healthcare provider about ways you can manage them

Real stories from real patients



Scan or click here to hear how Regina found IBS-C symptom relief with IBSRELA[†]

[†]Individual results and experiences may vary.

IBSRELA provides relief from IBS-C symptoms so you can get back to doing what you enjoy

IMPORTANT RISK INFORMATION (cont'd)

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

Side Effects

Diarrhea is the most common side effect of IBSRELA, and it can sometimes be severe. Stop taking IBSRELA and call your doctor if you develop severe diarrhea.

Please see Boxed Warning and Medication Guide within the full Prescribing Information.

HOW IS IBSRELA DIFFERENT?

IBSRELA works in a different way than other IBS-C medications

IBSRELA relieves the symptoms of IBS-C by:



Keeping water in the gut to help soften stool and help it move along, so you have more well-formed and regular bowel movements.



Restoring gut barrier function* to reduce belly pain.



Lessening the activity of pain-sensing nerves in the intestine* to reduce belly pain.

*This was seen in animal studies, and the relevance to humans is not known.

How to take IBSRELA

IBSRELA is a 50-mg tablet that is taken twice a day:

Just before breakfast

Just before dinner



Things to keep in mind when taking IBSRELA:

If you miss a dose, skip the missed dose and take the next dose at the regular time

Do not take 2 doses of IBSRELA at the same time

Talk to your healthcare provider if you have questions about taking IBSRELA



IBSRELA works exclusively in the intestine to help reduce, improve, and relieve the symptoms of IBS-C

Ready for something different?

Ask your healthcare provider if IBSRELA could be the right medication for you.

IMPORTANT RISK INFORMATION (cont'd)

Other common side effects of IBSRELA include swelling, or a feeling of fullness or pressure in your abdomen (distension), gas (flatulence), or dizziness.

These are not all the possible side effects of IBSRELA. Call your doctor for medical advice about side effects.

You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to www.fda.gov/medwatch.

Please see **Boxed Warning** and **Medication Guide** within the full **Prescribing Information**.

**ARDELYX IS
HERE TO HELP**



\$0* Pay as little as \$0 for IBSRELA

Eligible patients with commercial insurance pay as little as \$0* per 30-day prescription fill of IBSRELA. The discount will be automatically applied for eligible patients at the majority of pharmacies.

*Program Disclosure: The Copay Assistance Program is available to patients only for "on-label" use. Please see additional [terms and conditions](#) for further eligibility requirements.



Need help getting IBSRELA?



ArdelyxAssist is here for you.

Call us at 844-427-7352, option 1

if you have any questions or need support with IBSRELA access or affordability.

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Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

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IBSRELA[®]

(tenapanor) tablets

50 mg

IS IT TIME TO TRY SOMETHING DIFFERENT FOR YOUR IBS-C?

Ask your healthcare provider if IBSRELA is right for you



Scan or click here
to learn more

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